



MY ADVENTURE CLUB NEWSLETTER

OCTOBER 2026

Adventure Awaits!

🍁 Happy October, Adventurers!

The crisp autumn air has arrived, bringing **all the warmth and cheer of the fall season**. Our Adventure Club has a wonderful lineup of cozy gatherings and community activities planned for the weeks ahead. It is the perfect time of year to get together, share some laughs, and enjoy each other's company!

Here is what we have in store for you:

- **October Chocolate Bingo:** Indulge your sweet tooth and enjoy a relaxed, laughter-filled morning with chocolate kisses!
- **Brain Health Seminar:** Keep your mind sharp and resilient with simple, practical everyday tips to boost your memory and cognitive wellness.
- **Travel Seminar:** Fuel your wanderlust and discover your next great getaway with expert advice and inspiring vacation destinations.
- This is the **final call to sign up** for our **Seniors Defensive Driving Seminar** taking place later this month. If you would like to refresh your driving skills, stay safe on the roads, or perhaps qualify for your auto insurance discount, please register today before sign-ups close!

See you out there,
JulieAnn, Adventure Club Coordinator

[Click here for the Complete Adventure Club Calendar 2026](#)

OCTOBER

Theme: Hershey, Penn

2026



Adventure Details

To register or learn more click on the adventure below or in the calendar

- [October Day Adventure: Sidekick Theatre: Arsenic & Old Lace](#)
- [October Bingo](#)
- [Picture Party: Italian Vistas Adventure](#)
- [Practical Tips for Brain Health Free Seminar](#)
- [Defensive Driving Seminar](#)
- [Predeparture Party: Hawaiian Adventure](#)
- [Travel Show](#)



Locations



Richfield Branch



Lyndale Branch



Rosemount Branch

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Day Adventure: Sidekick Theatre: Arsenic & Old Lace	2	3	4
5	6	7 Deadline for Defensive Driving Seminar	8	9	10	11
12 Columbus Day/ Indigenous People's Day	13 October Bingo	14	15 Italian Vistas Adventure Picture Party	16	17	18
19	20	21 Practical Tips for Brain Health Free Seminar	22	23	24	25
26	27 Defensive Driving Seminar	28 Hawaii Predeparture Party Travel Show	29	30	31 Halloween	

Call JulieAnn 612-798-7170 with any questions

Click on the above Adventure Club Calendar to see all our upcoming events.

Events are color coded by event location and you can register by clicking on the adventures. Check back often for newly added events! Look out! We are going to have an amazing year!

[Click here to Visit the Adventure Club Website](#)



One way to be part of the Adventure Club is by having a MY Credit Union Visa Card. Call or email JulieAnn for details.

[Apply For a Visa Credit Card](#)

B-I-N-G-O Spells Fun be sure to sign up for October bingo fun!

Hershey, Pennsylvania

Hugs & Kisses



Bingo



October 13

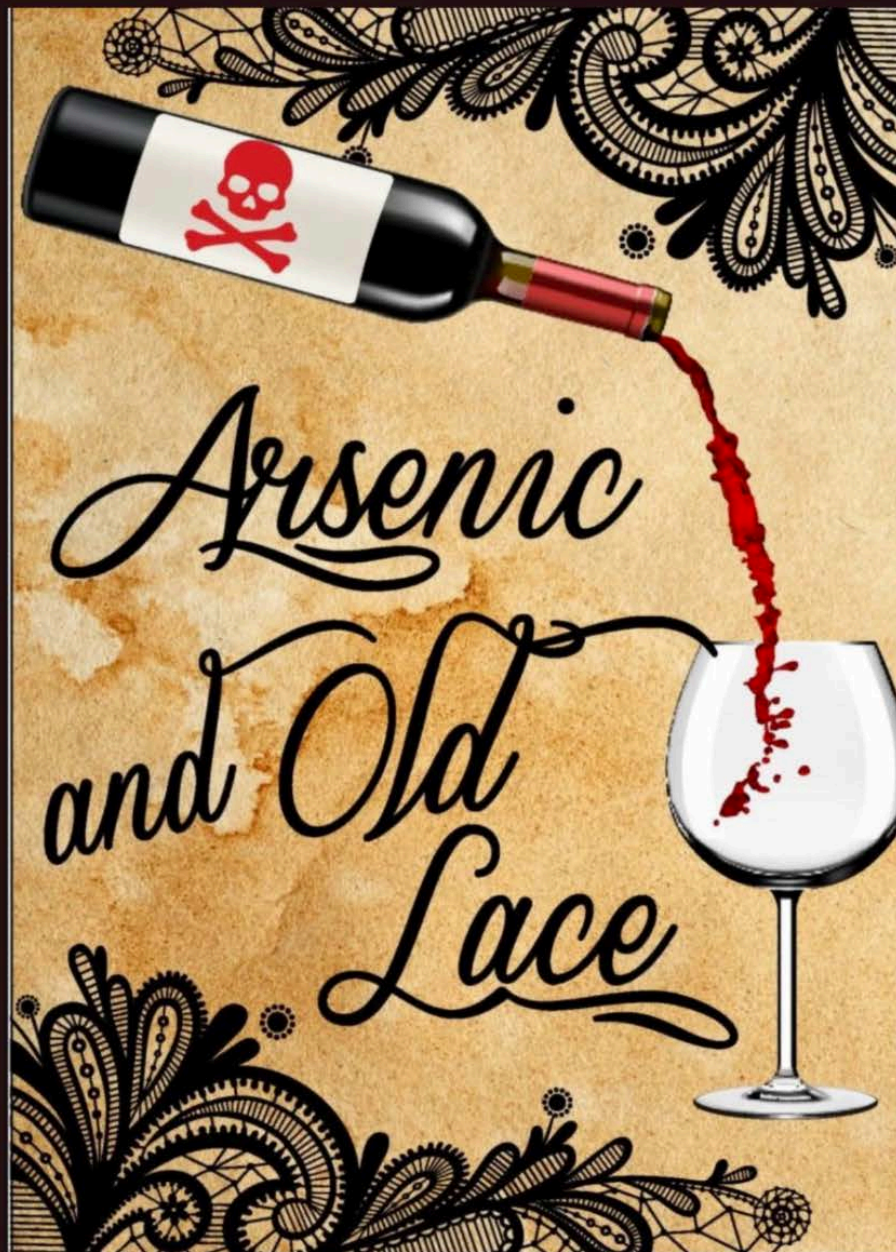
10 a.m.

Richfield Branch



Celebrate National Hershey
Chocolate Day!

Register for Complimentary October Bingo Richfield Branch



Meet at the Sidekick
Theatre

Thurs, 1 October 2026
11:15 AM-3:30 PM

Includes Brunch
\$53.00/ member

MYCU VISA REWARDS POINTS: 7,950
\$63.00/nonmember

The lunch menu is:

Creamy Chicken Breast, served with Roasted Red Potatoes, Glazed Carrots, Coleslaw, Dinner Rolls, Assorted Dessert - Chef's Choice, Coffee, Decaffeinated Coffee and Hot Tea.

Waitlist only for Day Adventure to see Arsenic Old Lace - call 612-798-7170

Your Mind Matters

PRACTICAL TIPS FOR BRAIN HEALTH AS WE AGE

Thursday, October 22, 2026

2 -3:30 p.m.

MY Credit Union, Richfield Branch
345 E 77th St, Richfield, MN

This complimentary seminar covers practical, everyday habits that support memory, thinking, mood, and independence as we age. Learn how exercise, nutrition, sleep, social activity, and mental stimulation can help maintain brain health, and when to talk with your healthcare provider about memory changes. You'll leave with practical tips to support ongoing brain health.

Presenters: Martin Luther Campus, Bloomington



Snacks & Prize Drawing Too!

Positive Reminder

Taking care of your mind
is just as important as
taking care of your body.

 EBENEZER

 MARTIN LUTHER
SENIOR LIVING & CARE



[Register for Brain Health Seminar](#)



55 + Defensive Driving Course

Rosemount Branch

October 27

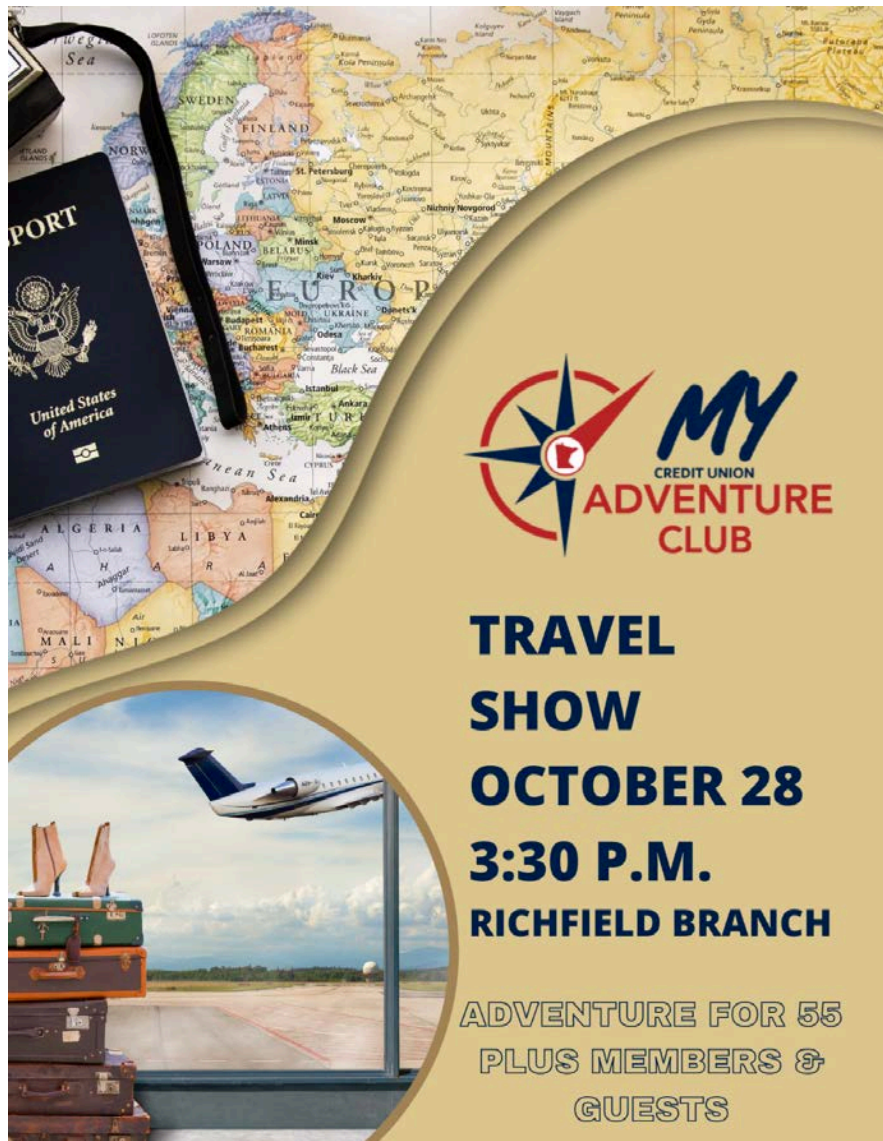
9:00 a.m. - 1:00 p.m.

Does your insurance allow for a discount when you complete this defensive driving course for those 55 and over? If so, sign up soon! Light snacks offered.

Bring your own drink of choice and sack lunch if desired. Space is limited!



[Register for Defensive Driving Seminar](#)

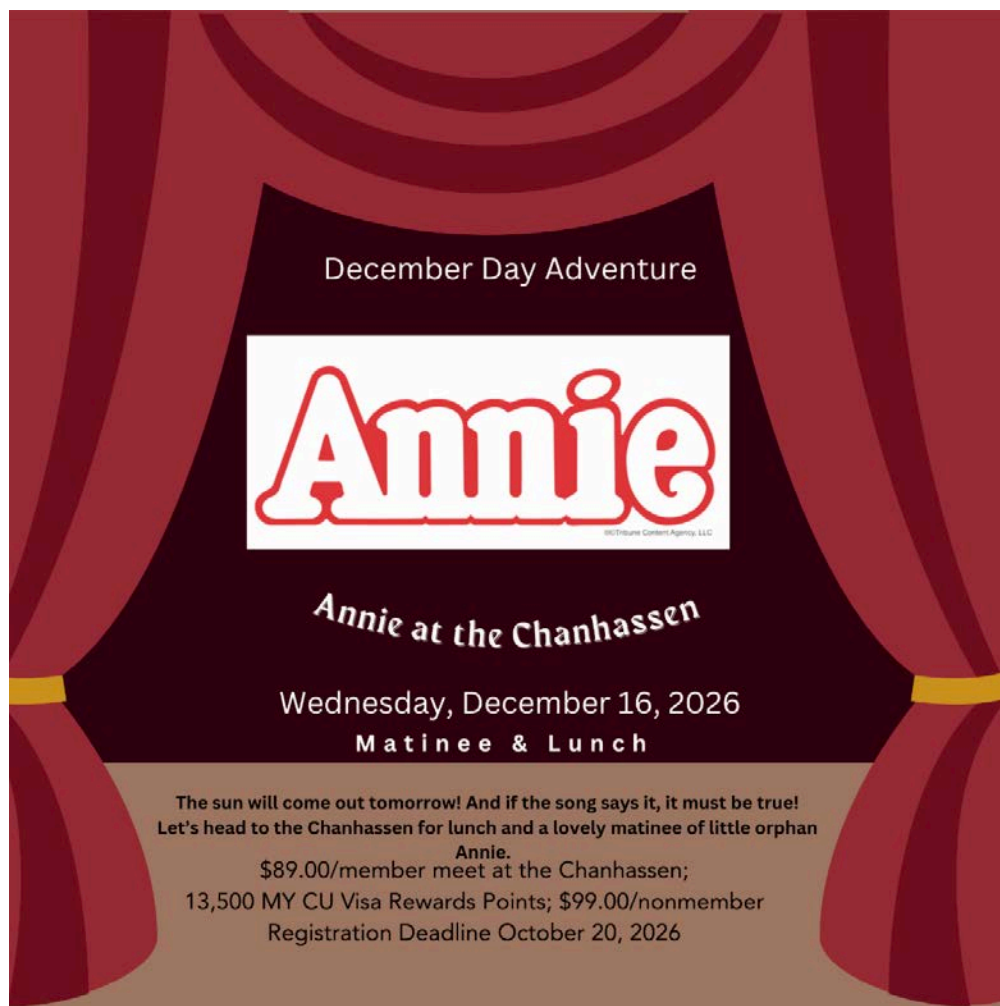


MY
CREDIT UNION
ADVENTURE CLUB

**TRAVEL
SHOW
OCTOBER 28
3:30 P.M.
RICHFIELD BRANCH**

ADVENTURE FOR 55
PLUS MEMBERS &
GUESTS

[Register for Travel Show](#)



Register for Day Adventure to See Annie at the Chanhassen

Day Adventurers:

To pay by credit card and avoid platform fees, register for any Day Adventure by calling the MY CU Call Center 612-798-7100, paying at any branch location, or emailing adventureclub@mymncu.org to have the funds withdrawn from your MY CU account.

You can redeem your MY CU Visa Rewards Points for Adventures too!

Thank you for being a member of the MY Credit Union Adventure Club!

Get Ready! Get Set! Go Adventure!

Call JulieAnn if you have questions or need special accommodations. 612-798-7170.

As always, all adventures must meet minimum numbers to go.

Greeting Card Making Course at the Credit Union

Make 9 Greeting Cards

Tuesday, November 10, 2026

1-4 p.m.

Richfield Branch

free event - donations encouraged to

MY CU Foundation

Class capped at 10 people

Discover the art of crafting beautiful cards to give.

This class will focus on
Christmas, and/or Winter, and/or
Thank you cards

Make 9 greeting cards. 3 of each design.

ENROLL NOW

Register for Complimentary Card Making Course

WINNERS OF SPORTS BINGO

B	I	N	G	O
14	24	37	51	73
9	19	33	60	67
8	22	50	68	72
5	16	42	54	68
3	27	36	56	71

Regular Bingo — Marilyn T.
 V for Vikings Bingo — Lillian M.
 T for Twins Bingo — Debra J.
 T for Timberwolves Bingo — Debra J.
 L for Loons Bingo — Donnamarie H.
 W for Wild Bingo — Mike V., Lillian M., Debra J., Donnamarie H.

Adventure to Cultural Treasures of Japan



MY Credit Union Adventure Club presents...

Cultural Treasures of Japan

April 4 – 17, 2027



Book Now
& Save
\$350
Per Person

[CLICK HERE FOR
MORE INFO](#)

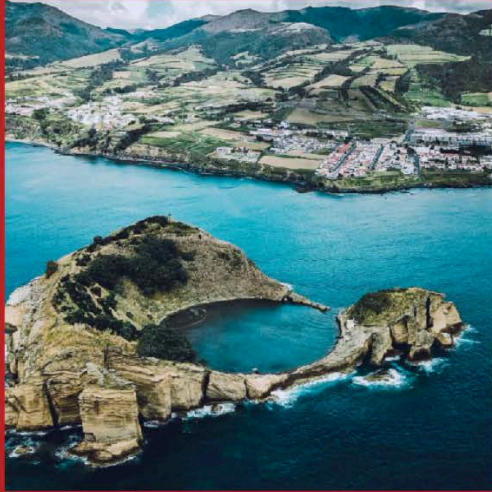
Travel Dates: April 4-17, 2027

\$9,199.00/person double occupancy through Sept 5, 2026
includes transfer to/from MY Credit Union & airfare

Sign up for Japan before October 5th for best pricing and availability.

[Cultural Treasures of Japan Info](#)

Adventure to The Azores



BOOK BY
DEC 16, 2026
& SAVE
\$100/PERSON

Travel Dates: July 15-27, 2027

Rate based on ship room location, beginning at \$7586.00/person double occupancy through Dec 16, 2026
includes transfer to/from MY Credit Union & airfare

Adventure to the Azores Info

Adventure to Magical Rhine & Moselle Rivers Cruise



Magical Rhine & Moselle Rivers

September 27 – October 6, 2027



Travel Dates: Sep. 27-Oct. 6, 2027

Rate based on ship room location, beginning at \$5888.00/person double occupancy through Sep. 29, 2026
includes transfer to/from MY Credit Union & airfare

Adventure to the Rhine Info

Adventure Spotlight on New York City

collette



MY Credit Union Adventure Club presents...

Spotlight on New York City

October 20 – 26, 2027



Book Now
& Save
\$150
Per Person

Travel Dates: October 20-26, 2027

Rate based on ship room location, beginning at \$4,828.00/person double
occupancy through Apr. 20, 2027
includes transfer to/from MY Credit Union & airfare

[Adventure to New York Info](#)

FUN with MY ADVENTURE CLUB!

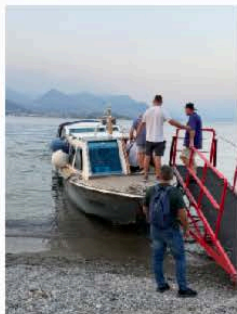
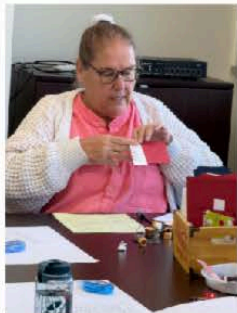
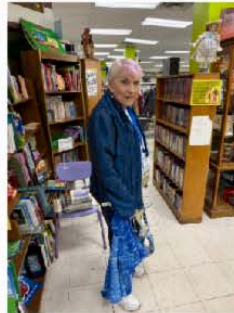
It is always an ADVENTURE whatever we do!
Sign up for your Adventure with the Club and don't miss out!
Look for more adventures on the 2026 Calendar



September Fun!



Italian Vistas Adventure, St. Louie & Sports Bingo, Thrift Shop Hop,
Greeting Card Courae





ALIVE & KICKIN'S SEASON 17 ROCKTOBER BENEFIT

OCTOBER 5, 2026, 6 TO 7:30 PM - DOORS AT 5 PM

S17

Join us at Crooners Supper Club for an unforgettable night of songs, stories, and connection! The cast and their band are kicking off Season 17 with a rockin' celebration and all we need is you! Your tickets and donations help fund a new year of concerts and programs for older adults and all-age audiences that reduce loneliness, create joy, and ignite new purpose. We can't wait to see you!

Get tickets and more information at: aliveandkickinmn.org/shows-and-programs/special-events/, or scan the QR code.

Questions? p. 612-382-7155 or e. info@aliveandkickinmn.org



1015 N. 4th Avenue, Suite 205
Minneapolis, MN 55405
aliveandkickinmn.org | 612-382-7155

Speaker Request Form

Whether you would like the Adventure Club to speak at your next event or you would like to present to the Adventure Club Members, please use the Speaker Request Form to make a request.

Get Your Adventure Club Checks Today!



Check out MY Adventure Club on Facebook



Adventure Club Testimonials

REFERRALS

BRING YOUR FRIENDS

Adventure Club Members to refer a friend who then joins MYCU and the Adventure Club receives their choice of:

- 5,000 Rewards Points on MYCU Rewards Visa,
- \$15.00 Credit for a future Adventure Club Activity
- Adventure Club Apparel



BE SURE TO EMAIL
ADVENTURECLUB@MYMNCU.ORG WITH
YOUR FRIEND'S NAME TO GET CREDIT.

Adventure Club Details & Day Adventure Activity Levels Described

MY ADVENTURE CLUB | 9550 Lyndale Ave | Bloomington, MN 55420 US

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